Happy New

Purpose-Filled Solutions & Evolutions™

How many times have you said, "I'd be happy if I just ... "

- Got in shape, lost weight, looked better...
- Had a better job, made more money...
- Owned a nicer home, high-priced car, designer clothes...

Are you tired of feeling "stuck" while other people seem so happy -- without a perfect body, amazing house, high-paying job, etc.?

ant to learn how to get unstuck It's no Secret: It's POSITIVE INTELLIGENCE®!

Barbara Anne Gardenhire-Mills, MSEL, PCC & PQ COACH™ Lisa Hilleren, MA, CPTD, MBTI & PQ COACH™

Even if all of your external wishes came true, odds are you wouldn't be truly happy. You might feel temporarily gratified, but true happiness <u>comes from within!</u>

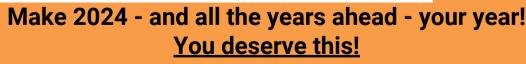
POSITIVE INTELLIGENCE® (PQ®) is a mental fitness program that helps us transform into our happiest and best selves. Discover and achieve your potential for happiness, boost performance, improve personal well-being, strengthen relationships, and find a new way of BE-ing, living, and enjoying your life with PQ®.

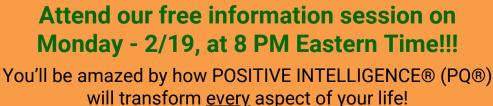


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Curious to learn more? Don't delay!

Click <u>HERE to Register</u> or scan the **QR code below** to explore PQ® and learn about available one-on-one and group coaching sessions. You can visit our website at <u>www.purposefilledsande.com</u> or email us at <u>info@purposefilledsande.com</u>!







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